

Emergency Cooking Substitutions

If you don't have...	then use ...
Bacon (1 slice crisp cooked, crumbled)	1 tablespoon cooked bacon pieces
Baking powder (1 teaspoon)	½ teaspoon of tartar plus ¼ teaspoon baking soda
Balsamic Vinegar (1 tablespoon)	1 tablespoon cider vinegar or red wine vinegar plus ½ teaspoon of sugar
Bread crumbs, fine dry (¼ cup)	¾ cup soft bread crumbs or ¼ cup cracker crumbs, or ¼ cup cornflake crumbs
Broth either beef or chicken (1 cup)	1 teaspoon or 1 cube beef or chicken bouillon and 1 cup hot water
Brown Sugar (1 cup packed)	1 cup of sugar 2 tablespoons of molasses
Butter (1 cup)	1 cup shortening plus ¼ teaspoon salt
Buttermilk (1 cup)	1 tablespoon lemon juice or vinegar plus enough milk to make one cup (let stand for 5 minutes) or 1 cup of yogurt
Cake flour (1 cup)	1 cup minus 2 tablespoons of all-purpose flour
Chocolate, semisweet (1 ounce)	1 ounce unsweetened chocolate plus 1 tablespoon sugar or 1 tablespoon of unsweetened cocoa powder plus 2 teaspoons sugar and 2 teaspoons of shortening
Cornstarch for thickening (1 tablespoon)	2 tablespoons of all-purpose flour
Corn syrup (1 cup)	1 cup sugar plus ¼ cup of water
Garlic (1 clove)	½ teaspoon bottled minced garlic or 1/8 teaspoon garlic powder
Ginger (fresh, 1 teaspoon)	¼ teaspoon of ground ginger
Half-and-half or light cream (1 cup)	1 tablespoon melted butter or margarine plus enough whole milk to make 1 cup
Ketchup or tomato-based chili sauce (1 cup)	1 can tomato sauce plus ½ cup granulated sugar and 2 tablespoons white vinegar
Molasses (1 cup)	1 cup honey
Mustard (dry, 1 tablespoon)	1 tablespoon prepared
Mustard (prepared 1 tablespoon)	½ teaspoon dry mustard plus 2 teaspoons of vinegar
Onion (chopped ½ cup)	2 tablespoons of dried, minced onion or ½ teaspoon of onion powder
Sour cream (1 cup)	1 cup of plain yogurt
Sugar (1 cup)	1 cup packed brown sugar or 2 cups sifted powdered sugar
Tomato Juice (1 cup)	½ cup tomato sauce plus ½ cup water
Tomato Sauce (2 cups)	¾ cup tomato paste plus 1 cup water
Wine, Red (1 cup)	1 cup beef broth or chicken broth (in dessert recipes use cranberry juice)
Wine, White (1 cup)	1 cup chicken broth (in dessert recipes use apple juice or grape juice)
Worcestershire sauce (1 teaspoon)	Steak sauce (1 teaspoon)
Yeast (1 package of active, dry)	About 2 ¼ teaspoons active dry yeast